







Transforming Aspirations

Learner record



Name:

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About this course

Transforming Aspirations

You are starting a course called Transforming Aspirations. This course will help you to prepare for growing up and becoming an adult.

You will complete activities to develop your skills and knowledge in four pathways:



Friends, relationships and community



Good health



Independent living















Employment

The pathways can be completed in any order.

About this course

Each pathway contains activities in **12 subject areas**:

	Mathematics		History
	English		Geography
	Modern foreign languages		Beliefs and values
	Science		PSHE
	Design and technology		Citizenship
	Expressive arts		PE

Each pathway also includes an **Open activity**, which means that you and your teacher/tutor can agree what you will do.



Friends, relationships and community

This pathway is about engaging with your community. You will find out more about your local community and take part in community activities.

The activities in this pathway will help you to:

- explore your local community and the people within it
- think about what it means to be part of a community
- play your part in the community and feel a sense of belonging
- communicate with others in your community

Sample



Modern foreign languages

Match feelings words in a foreign language to pictures or symbols.

For example:



happy



angry



sad or upset



anxious



calm



other

Optional extension activity



Geography

Choose the right clothes to wear in different weather conditions.

For example:

when it is raining

when it is sunny

when it is cold

other

Sample

Optional extension activity



Pathway reflection

i Use words, pictures or symbols.

After completing the **Employment pathway**, say what you have done well and what you would like to try next.

Things I have done well:

Sample

Things I would like to try next:

Sample

Completed with support from:

Date: