



Uniformed Services Vocational Taster

Student name	
Centre name	
ASDAN tutor	

Sample

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Uniformed Services Vocational Taster

Contents

Introduction	2
Achieving Your Vocational Taster	3-4
Record of Progress	5
Recording Your Skills	6
Module 1 Military – Army, Navy, Air Force	7
Section A Challenges	8-9
Section B Challenges	10-11
Module 2 Policing and Public Order	13
Section A Challenges	14-15
Section B Challenges	16-17
Module 3 Fire and Rescue Service	19
Section A Challenges	20-21
Section B Challenges	22-23
Module 4 Prison Service and Security Work	25
Section A Challenges	26-27
Section B Challenges	28-29
Module 5 Health and Safety in Uniformed Services	31
Section A Challenges	32-33
Section B Challenges	34-35
Module 6 Careers in Uniformed Services	37
Section A Challenges	38-39
Section B Challenges	40-41
Recording Documents	43-50
Adding Value	51
Space for Notes	52

Summary of Achievement

Yellow centre pages



Achieving your Vocational Taster

How long will the Vocational Taster take?

You have the option of accrediting up to 60 hours of Uniformed Services activities. For every 10 hours, you are awarded one credit, for example:

10 hours = 1 credit	30 hours = 3 credits	60 hours = 6 credits
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These credits can contribute towards other programmes and qualifications.

The **Uniformed Services Vocational Taster** can lead to:

ASDAN Personal Development Programmes

- Bronze, Silver, Gold or Universities

ASDAN Qualifications (Levels 1 and 2)

- AoPE (Award of Personal Effectiveness) Levels 1 and 2
- CoPE (Certificate of Personal Effectiveness) Levels 1 and 2

and could eventually lead to:

ASDAN Qualifications (Level 3)

- CoPE (Certificate of Personal Effectiveness) Level 3

What must I do?

Read through these introductory pages carefully.

Look at the modules and challenges and decide which challenges you wish to complete – your tutor will be able to help you decide.

Create an evidence portfolio to safely store all the material you'll need to have in place before your tutor can claim your Vocational Taster certificate.

Plan, organise and carry out your chosen challenges, collecting evidence as you go and storing it safely in your evidence portfolio.

Before asking your tutor to check your work and claim your certificate make sure your portfolio contains the following:

- A student book
- A completed Record of Progress (page 5)
- Evidence for each challenge completed
- The correct number of Vocational Taster Skills Sheets (see pages 43-50)
- A completed Summary of Achievement (yellow centre pages)
- A completed Personal Statement (yellow centre pages)

What will I need?

- Your own copy of this Vocational Taster book
- A portfolio (file or folder), into which you will put your evidence



Information for tutors

To download A Quick Guide to Short Courses, go to:

**[members.asdan.org.uk/
my-courses/short-courses](https://members.asdan.org.uk/my-courses/short-courses)**

This contains step-by-step guidance for delivering any Vocational Taster Short Course, from registering with ASDAN to certification.



Recording Your Skills

Recording your skills

Next to each challenge is a set of tick boxes where you can record the skills you have been developing during the activity.

These help you link your achievements to the national standards for these skills.

Uniformed Services activities provide an excellent opportunity to develop the skills of:

- Learning
- Teamwork
- Coping with Problems
- Use of IT
- Use of English
- Use of Maths

✓ Skills I used:

- Learning
- Teamwork
- Coping with Problems
- Use of IT
- Use of English
- Use of Maths



The importance of Key/Core Skills

These are an everyday part of adult and working life. You need to be able to make yourself understood when speaking and writing, planning your own learning, working with others, carrying out basic calculations and using information technology.

Every job needs some or all of these skills and they are just as useful in Further and Higher Education.

Learning

This skill is about how you manage your personal learning and development. It is about planning and working towards targets to improve your performance and reviewing your progress.

Teamwork

This skill is about how you work with others when planning and carrying out activities to get things done and achieving shared objectives. This will involve working with a group of people.

Coping with Problems

This skill is about recognising problems and doing something about them. It is about using different methods to find a solution and checking to see if they work.

Use of IT

This skill is about being able to make the best use of computers and other items such as printers, scanners and digital cameras. Being familiar with how to use this equipment is vitally important, not only in the workplace but also in the home.

Use of English

This skill is not only about how you talk to people but also about the ways you find out information and let other people know about your views and opinions. It also includes all aspects of writing and reading.

Use of Maths

This skill is about your ability to use numbers. If, for example, you've measured or calculated something you will have used numeracy skills. Being able to use numbers is a skill highly valued by employers; many of the challenges in this Vocational Taster will give you opportunity to practise your numeracy skills.

Module 1

Military – Army, Navy,
Air Force





Module 1

Military – Army, Navy, Air Force

Section A: Complete at least THREE challenges over 10 hours (1 credit)

1 Find out about the rank structure in each of the armed forces and produce a diagram comparing the similarities and differences in each service.

- ✓ **Skills I used:**
- Learning
 - Teamwork
 - Coping with Problems
 - Use of IT
 - Use of English
 - Use of Maths

2 Find an example of a recent military operation or campaign and use this to investigate how the Army, Navy and Air Force support each other during operations. Illustrate and present your findings.

- ✓ **Skills I used:**
- Learning
 - Teamwork
 - Coping with Problems
 - Use of IT
 - Use of English
 - Use of Maths

3 Produce an illustrated study comparing the different weapons and equipment used by the different armed services.

- ✓ **Skills I used:**
- Learning
 - Teamwork
 - Coping with Problems
 - Use of IT
 - Use of English
 - Use of Maths

4 Use a map to navigate a route of up to 5km. Identify and learn 10 map symbols, matching these to objects on your walk. Draw your own sketch of the route using the appropriate symbols.

- ✓ **Skills I used:**
- Learning
 - Teamwork
 - Coping with Problems
 - Use of IT
 - Use of English
 - Use of Maths

Module 3

Fire and Rescue Service



Module 3

Fire and Rescue Service

5 Investigate **five** pieces of personal equipment used by a firefighter or other rescue worker. Show that you can put them on or use them correctly and present your knowledge of how they work using an annotated diagram or photographs.

- ✓ **Skills I used:**
- Learning
 - Teamwork
 - Coping with Problems
 - Use of IT
 - Use of English
 - Use of Maths

6 Identify as many different types of fire extinguisher as you can. Explain how **four** of these work, the kind of fire they should be used on and how they should be stored and checked. Produce a reference guide.

- ✓ **Skills I used:**
- Learning
 - Teamwork
 - Coping with Problems
 - Use of IT
 - Use of English
 - Use of Maths

7 After suitable training, act as a fire marshal to help plan and carry out a fire drill in your building. Report any concerns and address them to try to reduce your evacuation time.

- ✓ **Skills I used:**
- Learning
 - Teamwork
 - Coping with Problems
 - Use of IT
 - Use of English
 - Use of Maths

8 Other agreed challenge:

- ✓ **Skills I used:**
- Learning
 - Teamwork
 - Coping with Problems
 - Use of IT
 - Use of English
 - Use of Maths

Module 6

Careers in Uniformed Services





Module 6

Careers in Uniformed Services

Section B: Complete ONE or TWO challenges over 10 hours (1 credit)

1 Undertake a period of work experience that involves working in a role similar to a uniformed service sector job. Complete a diary of your experience and update your CV to reflect what you have learnt.

- ✓ **Skills I used:**
- Learning
 - Teamwork
 - Coping with Problems
 - Use of IT
 - Use of English
 - Use of Maths

2 Undertake a residential activity that involves physically challenging activities, to establish if you are cut out for the uniformed service sector. Give a talk or presentation to tell others about the highs and lows of your experience.

- ✓ **Skills I used:**
- Learning
 - Teamwork
 - Coping with Problems
 - Use of IT
 - Use of English
 - Use of Maths

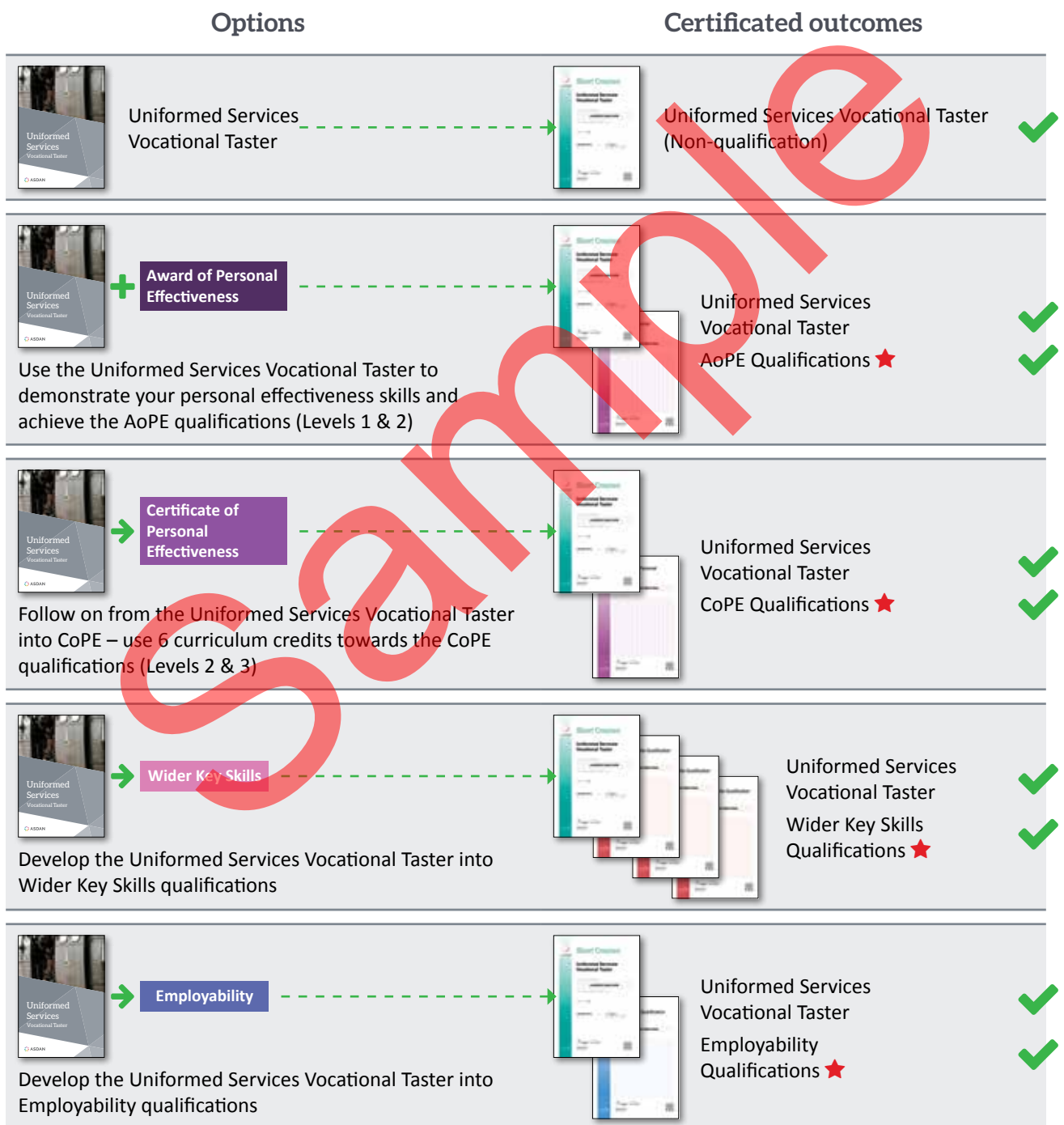
3 Take part in a taster day at a specialist military, fire and rescue or police college. Write about your visit and include the benefits and drawbacks of this as a place for further study.

- ✓ **Skills I used:**
- Learning
 - Teamwork
 - Coping with Problems
 - Use of IT
 - Use of English
 - Use of Maths



Adding Value

Your Uniformed Services Vocational Taster is recognised with an ASDAN certificate, and has a credit rating to reflect the time you have spent on your Uniformed Services activities. The Uniformed Services Sector Vocational Taster can also be linked to other programmes and qualifications, which add value and give you further options for continuing to develop your skills and experience.



★ If you are aiming to achieve any of these qualification outcomes you should seek advice from ASDAN before starting your Uniformed Services Vocational Taster.

Sample



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