

# Personal Development Programmes

Engage and motivate  
learners through a  
personalised curriculum  
for young people aged  
11-16 working at Entry  
Level 3 and Level 1



**ASDAN**

**ASDAN** is a charity with a vision to see the talents and abilities of young people aged **11 to 25** in greatest need held in high esteem.

Our goal is to engage them to achieve meaningful learning outcomes that elevate them to go on to further education, training and work, and empower them to take control of their lives.

## Personal Development Programmes

This broad, activity-based course has a track record in developing learners' personal, social and employability skills.



## Benefits

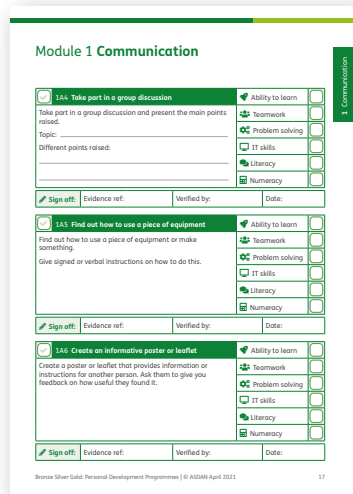
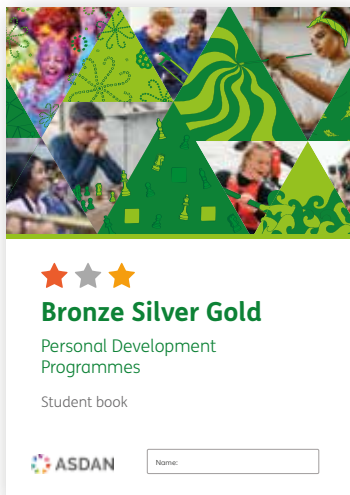
- ✓ Boost learners' confidence by helping them recognise and develop their personal qualities and abilities
- ✓ Empower students by giving them ownership of their learning
- ✓ Broaden learners' experiences through a wide range of challenges
- ✓ Reward achievement through certification for 10 hours of work upwards
- ✓ Structure activities inside and outside of school with ready-made curriculum

# Key features

ASDAN's Personal Development Programmes offer imaginative ways of developing, recording and certifying a wide range of young people's personal qualities, abilities and achievements.

The course will introduce learners to new activities and challenges and features self-assessment tools to reflect on their learning.

The Bronze, Silver and Gold programmes link to nationally recognised qualifications.



## In figures

**Personal Development Programmes comprise:**

- **13 modules** including Communication, World of work, Science and technology

- **192 engaging and creative challenges** that can be adapted for every learner
- **60 new teaching and learning resources** with more being added

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**ASDAN's Personal Development Programmes have allowed us to embed learners' personal goals and interests into their timetable and have also raised students' attainment in core subjects.**

**Elise Howe**

ASDAN Instructor, Wings School Notts

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## Find out more

Visit [asdan.org.uk/personal-development-programmes](https://asdan.org.uk/personal-development-programmes) or scan the QR code to download free sample copies of resources and to read more about the programme.



## Contact us

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